

LEADERSHIP WITH COACHING IN PROJECTS (HSK)

**(3 days, 3 individual coaching
sessions, 3 group coaching
sessions: total 33 hours,
33 PDUs)
Program Duration 3 months**

This program will enable you to acquire new work habits that will allow you to lead teams and colleagues using coaching as a tool. Improve performance and results with people more skilled and more committed.

During the program a mix of exercises will be combined: role plays, group exercises, reflections, discussions, coaching sessions, etc.

The program will be highly practical and will be conducted using the coaching process, so that, you get a broad understanding of the fundamentals

AFTER THE COURSE YOU WILL

- ❖ Be able to use the coaching process as a tool for project leadership.
- ❖ You will feel comfortable using basic ICF (International Coaching Federation) coaching skills which can be applied in your daily work.
- ❖ Will have acquired new habits of leadership that will allow you to create more awareness and responsibility in employees and team members.

TRAINING METHODS

The program is to train assistants in coaching skills that can apply in their daily work.

- ❖ 3 Days, 8 hours workshop: 1 per month
- ❖ 3 Individual coaching sessions of 1 hour each.
- ❖ 3 Group coaching sessions of 2 hours each.

ADAPTATION

The delivery of the program structure can be adapted to other formats.

PREREQUISITES

None

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SUBJECTS

- ❖ Leadership with coaching
- ❖ Coaching and concepts
- ❖ ICF skills: Efficient communication:
 - ✓ Active listening
 - ✓ Powerful questions
 - ✓ Direct communication
- ❖ Directives guidelines to promote trust
- ❖ How to benefit from tuning in communication
- ❖ Facilitating learning and performance:
 - ✓ Raising awareness
 - ✓ Planning and goal setting
 - ✓ Managing progress and accountability
- ❖ Delegation
- ❖ Managing habits
- ❖ Feedback / Feed forward
- ❖ Future action plan

TARGET GROUP

- ❖ Project managers
- ❖ Team leaders
- ❖ Functional Managers
- ❖ Directors